



## ST ANN'S CATHOLIC CHURCH

Revd Dr Ian Patrick McDole

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### The Most Holy Body and Blood of Christ

Sunday 7<sup>th</sup> June 2026

Dear Parishioners,

When I was a child I remember my parents and grandparents telling me that I had to eat healthy to grow up big and strong. This was reinforced in school when we were taught various things about a well-balanced diet. Over the years the science seems to have changed so that four main food groups turned into a food pyramid, and then the focus shifted to macronutrients. The human body has not changed, but our understanding of its physical needs certainly has.

When it comes to our spiritual needs, there is only one thing that is necessary: God Himself. The presence of God and His love fulfils every desire and need that we have and helps us to grow deeper in knowledge of Him. And not only does God supply us with the spiritual needs, He gives Himself to us physically as well. Christ has plainly told us that He is true food and drink, that His flesh alone can give us what we need to truly live in this world and the next.

The Eucharist is Christ's gift of His very self for our spiritual and physical nourishment. It is a remedy and medicine for our broken souls, it is strength for the journey through this life, it is a constant reminder of Christ's promise to be with us and in us for all time.

Yet, there remains the question: do we really believe this? Do we really believe that what we take and receive in Holy Communion is the Body and Blood, Soul and Divinity of Jesus Christ? Do our actions and our demeanour at Mass always reflect this belief? We must prepare ourselves well to receive the King of kings into our hearts and bodies. It is necessary to go to confession and to prayerfully prepare our minds and hearts to receive Christ. We should fast for at least an hour before receiving Christ in the Eucharist, knowing that only He can satisfy all the hunger that we experience. Do we make a proper thanksgiving after receiving Holy Communion for all the graces and blessings that God has given us, especially the gift of His own Son into our bodies?

These practices have been proven over time to help Christians acknowledge and understand that what we do is serious, the Mass is not just another event that fills our diaries on a weekend, but rather the source and summit of all that we are and all that we do, not just as Christians but as human beings made in the image and likeness of a God who is always giving Himself for our sakes.

As we celebrate the feast of the Body and Blood of Christ, we are called to recommit our whole selves — body, mind, and soul — to the faith that Christ is truly present in the Eucharist, and that everything we do must echo this belief.

A very happy and blessed Feast! Fr Ian

### MASS TIMES & INTENTIONS

#### **Saturday 6<sup>th</sup> June**

6.00pm (Vigil) - Robert & Diana Young RIP

#### **Sunday 7<sup>th</sup> June** – The Most Holy Body and Blood of Christ

8.30am – John Nash RIP

10.00am – Pro populo

#### **Monday 8<sup>th</sup> June** – Feria in Ordinary Time

No Mass

#### **Tuesday 9<sup>th</sup> June** – St Columba

6.00pm – Mary Chelvam Louis RIP

#### **Wednesday 10<sup>th</sup> June** – Feria in Ordinary Time

9.30am – Sue Duggan RIP

#### **Thursday 11<sup>th</sup> June** – St Barnabas

9.30am – Maria Da Laz Garces RIP

#### **Friday 12<sup>th</sup> June** – The Most Sacred Heart of Jesus

9.30am – Ted Palmer RIP

#### **Saturday 13<sup>th</sup> June**

6.00pm (Vigil) – Rita Burke RIP

#### **Sunday 14<sup>th</sup> June** 11<sup>th</sup> Sunday in Ordinary Time

8.30am – Lourda Devine RIP

10.00am – Pro populo

#### Adoration

Wednesday & Thursday

10.00am to 12.00pm

Rosary will be recited prior to Mass at 9.00am every Friday.

### SACRAMENT OF RECONCILIATION

**Tuesday & Saturday** at 5.15pm or on request.

*(Please check our website or the Church door for last-minute alterations to Confession times)*

### PLEASE PRAY FOR THOSE IN OUR PARISH WHO ARE SICK

Helen Guinness, Freda Griffiths, Karen Murray, Maureen Reilly, Indira Louis, Ashlee Rodgers, Christian Requena, Gillian Doherty, James Joseph, Joshua Anderson, Denise Rush, Damian Poole, Guilherme Guedes, Allan Norman, Michael Monaco, Edmund Louis, Arthur Harding, Jake Braue, Helen Kershaw, Christine Hearne, Jane Scargill, Susan Smith, Jonathan Lewis, Spencer Thorpe, Cyrus Pascoe, Marie-Anne Murphy, Patrick Gilligan, Sean Gilligan, Maria Degenis, Paul Worsfold, Zeke Peyton, Domenico Fasino, Maurice Dingley, Martin Mohan, Maria Barcellona., Dustin Smith, David Loftus, Richard Handsford, Peter Cocks.

### EUCCHARISTIC ADORATION

This Apostolate began at St Ann's over 25 years ago, with the parish committing to three days of Adoration each week. Apart from August, this commitment was faithfully maintained until Covid brought it to an end.

Adoration resumed and currently takes place on Wednesdays and Thursdays from 10am–12pm. As at least two people must be present with the Blessed Sacrament at all times, these hours are currently covered by parishioners. Adoration continues throughout the year, except during school holidays.

However, there are differing views on Adoration. Some feel that attendance may be lower if Adoration is offered without Mass beforehand, as many people are more likely to stay for Adoration after attending Mass. Others are equally happy to attend Adoration independently of Mass.

To help us understand what would work best for our parish community at St Ann's, we have set up a survey to gather your views. We are also exploring the possibility of offering alternative times, including evening sessions, to make Adoration more available for those who work during the day.

Please use the google form below

<https://forms.gle/VR7KabsDzPnGbvYh7>

This link can also be found on our website [www.stannsbanstead.com](http://www.stannsbanstead.com)

There are a few paper copies of the survey in the Church porch.

### ST ANN'S RACE NIGHT SATURDAY 20<sup>th</sup> June 2026 7.00PM

#### FINAL FEW TICKETS REMAINING!

Please note: There will be **NO** tickets available on the door, so buy yours now to avoid disappointment.



Tickets: Adults £10.00 under 18's Free. There will be table food and a licenced bar.

### SAVE THE DATE

St Ann's Parish BBQ **Sunday 12<sup>th</sup> July 2026** after the 10.00am Mass. More details to follow.

### FIRE MARSHAL TRAINING



A Fire Marshal Training session will take place on **Thursday 18th June** in the **Hall Annexe at 6.00pm.**

A few months ago, Brendan McWilliams made an appeal for volunteers and received a very positive response. We have now arranged the initial training session and would ask those who expressed an interest, as well as anyone else who may wish to volunteer, to sign up and attend this short training session. The list to sign up is in the Church porch. Refreshments will be served.

### GATWICK DETAINEES WELFARE GROUP (Extended collection Date)

St Ann's SVP will collect **Only Men's** clothing and rucksacks next weekend the **7<sup>th</sup> June.**

Local charity requests clothing to give detained people a second set of clothes for basic hygiene and personal dignity. Men's clothes in medium and large sizes are particularly needed, especially t-shirts, jumpers and hoodies, jogging bottoms and jeans. All good quality informal men's clothes and trainers are much appreciated as are donations of newly purchased socks and boxers as it is the charity policy not to source second-hand underwear. Cases and rucksacks are also appreciated

### FRIENDSHIP CLUB



The next meeting will be on Wednesday 10th June in the Hall Annexe, from 10.00am to 12.00 noon. You can pop in at any time between these hours. All are welcome! Feel free to bring a friend or neighbour along.

Rat

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### RAT ACTIVITY

Some members of the congregation have noticed rat activity around the church grounds in recent weeks. We would like to reassure everyone that the neighbouring care home is aware of their rat residents, and is taking active steps to deal with it.

The care home has instructed professional pest control services, and measures are being put in place to address the problem and prevent it from recurring.

The situation is being monitored closely, and work is ongoing to resolve it as quickly as possible.

### ST ANN'S PLANT SALE 13<sup>TH</sup> & 14<sup>TH</sup> JUNE 2026

Bring some colour to your garden and support St Ann's at our Plant Sale!

A good selection of plants will be available, including:

- 🪴 Hosta
- 🪴 Giant Sunflowers
- 🪴 Cosmos
- 🪴 Sweet Williams
- 🪴 Nicotiana

...and many more plants from our own flower garden.

Plants will be on sale after all weekend Masses on Saturday 13<sup>th</sup> June and Sunday 14<sup>th</sup> June.

**Cash only please.**



### ST ANN'S MISSION WITH FR ROYSTON DECEMBER 2026

Please save the dates for our parish mission in December, which will be conducted by Fr Royston. The dates are: **Wednesday 9<sup>th</sup> December, Thursday 10<sup>th</sup> December, Friday 11<sup>th</sup> December** at 7.00pm to 8.30pm.

### PANTOMIME AUDITIONS

After the stunning success of the Pilgrim Pantomime's 'Peter Pan' in January the Company is now preparing for its next production which will be Rapunzel. Auditions will be at the URC Woodmansterne Lane on 24th June and 1st July from 7.30pm – 9.30pm.

These are very relaxed and friendly so if you are a young person interested in acting singing, dancing, working backstage, doing make up or helping in any way then we need you on our team!

School years 4 to 7 can join the junior dance team and school years 8 to 13 plus for the senior cast and chorus.

All are welcome even if your school days are behind you. No experience necessary but fun is guaranteed!

To express your interest, you/your parent or guardian can email Lucy at

[pilgrim pantomime@yahoo.co.uk](mailto:pilgrim pantomime@yahoo.co.uk)

### Musical Director

Banstead Pilgrim Pantomime are seeking a Musical Director for our 2027 Pantomime. This is a wonderful opportunity for anyone with experience to support the local panto which has been running for 30 years! Please contact us at

[pilgrim pantomime@yahoo.co.uk](mailto:pilgrim pantomime@yahoo.co.uk)

### FRIDAY CHURCH CLEANERS NEEDED



Volunteers are needed every Friday morning after the 9.30 am Mass to help clean the church for approximately one hour.

You will join a friendly team, and we also have a WhatsApp group which makes it easy to swap shifts, let the group know if you cannot attend, or offer help on an extra week.

Please come and join our friendly team of volunteers. Your help is greatly appreciated in keeping our church clean and welcoming for everyone.

### SECOND COLLECTIONS

**This Sunday 7<sup>th</sup> June – None**  
**Sunday 14<sup>th</sup> June – None**

## St Ann's Parish Information

### CONTACT DETAILS

**St Ann's Website:** [www.stannsbanstead.com](http://www.stannsbanstead.com)

**Hall Hire:** [stannshallmanager@gmail.com](mailto:stannshallmanager@gmail.com)

**Bereavement Supporters:** Joanna Stewart & Cathy Laffer. Contact: 01737 353724

**Parish Coordinator:** Katrina Dunckley

Office Hours: Monday 9am - 3pm

Wednesday 10am - 2pm - Thursday 9am - 5pm

### PARISH SAFEGUARDING

Our Parish Safeguarding Officer keeps the Parish up to date on all safeguarding practices and legislation for children and vulnerable adults. For any questions or concerns, please contact: Geraldine McWilliams  
Email: [sg1.banstead@abdiocese.org.uk](mailto:sg1.banstead@abdiocese.org.uk)

### PARISHIONERS IN HOSPITAL

Please contact the parish office if you or a parishioner are in or going to be in hospital.

### THINKING ABOUT GETTING MARRIED

If you are considering marriage, contact Fr Ian or the Parish Office. Please be aware that the Bishop requires a minimum of one year's notice prior to the wedding. A meeting will be scheduled with Fr Ian to begin the necessary paperwork and to arrange for you both to attend a marriage preparation course. Please contact Katrina at St Ann's parish office to book.

### INTERESTED IN EXPLORING THE CATHOLIC FAITH?

If you're an adult considering baptism into the Catholic faith? Contact the parish office for more information.

### BAPTISM

New and expectant parents are invited to contact the parish office to begin baptism preparation. Regular Sunday Mass attendance and a 90-minute class are required before scheduling. The class can be taken before your child is born. **Baptisms take place after the 10.00am Sunday Mass.**

Children aged 7 and up will need age-appropriate Catholic instruction before baptism. Please introduce yourself to Fr Ian after Mass for more details.

### THE SACRAMENTS OF FIRST HOLY COMMUNION AND RECONCILIATION

To register your child for our First Holy Communion preparation classes, the following requirements must be met: ● The child must have already been baptised in the Catholic faith. ● We will accept children of parents who are registered with and are practicing members of St Ann's Parish.

### SERVERS NEEDED

All members of the parish (especially our teenagers) who have made their First Holy Communion are invited to help serve at Sunday and Weekday Masses.

### ST ANN'S CONFERENCE OF THE SVP

St Ann's St Vincent de Paul Group meet every 2<sup>nd</sup> Tuesday of the Month in St Ann's room at 7.00pm.

### SVP FOOD COLLECTION FOR THE LOCAL EPSOM & EWELL FOOD BANK

For the full list of food items go to: visit <https://epsomewell.foodbank.org.uk/give-help/donate-food/> Please place in the box provided in the Church porch. Many thanks

### ST TERESA'S KNITTING CLUB

Meet every 1<sup>st</sup> Wednesday of the month, 2pm to 4pm in the hall annexe. All Welcome.

### FRIENDSHIP CLUB

The Friendship Club meet on the second Wednesday of every month in the Hall Annexe, after the 9.30am Mass until 12.00 noon. You can pop in at any time between these hours. Feel free to bring a friend or neighbour along.

### TEA AND COFFEE AFTER MASS

Tea and coffee are available:

\* After the 9.30am Mass on Friday morning in the Hall Annexe.

\* After the 10.00am Mass on Sunday in the Church Hall.

### NEW PARISHIONERS

To anyone who has moved into the Parish recently, a warm welcome to you.

Please fill out a new parishioner form, you can find these in our Church porch and either hand it to Fr Ian after Sunday Mass or to the Parish office during the week.

There are plenty of ways that you can become involved in St Ann's Parish life and meet fellow parishioners.

Contact [banstead@abdiocese.org.uk](mailto:banstead@abdiocese.org.uk) for more information about volunteering.

### GIFT AID

Make your weekly donation go further! Sign-up to our parish Gift Aid at no extra cost to you! For more information contact the parish office.